2½ HOUR NAP

MADuNaier
MAD Cap Fancies

 OK, yeah, I am a fast crocheter. And the first time through it may take you a bit longer. But once you learn it, you can whip this up in 2 ½ hours – while Baby's taking a *long nap...*

2½ Hour Nap

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Materials: Crochet hook in size J (6.00mm)
One ¾" Button, Sewing needle and thread

Yarn: 300 yards worsted weight yarn.

Gauge: 3 Shells = 4.5"

Finished Size: Chest size = 20"
For smaller sizes, use thinner yarn and smaller hook.

Abbreviations: ch = chain stitch
st = stitch
rep = repeat
sl-st = slip stitch
sk = skip
sc = single crochet
dc = double crochet
ch-sp = chain space
tch = turning chain at start of prev row

DIRECTIONS

YOKE

SHELL = 5dc
SHELL7 = 7dc
HALF-SHELL (at start of Row) = Ch3, turn, work 2 dc in 1st sc.
HALF-SHELL (at end of Row) = 3dc in last sc.
INC-OVER-SHELL7 = skip 1st dc, sc in 2nd dc, skip 3rd dc, work 5dc Shell in 4th dc, skip 5th dc, sc in 6th dc, skip 7th dc.
SC-IN-SHELL = sc in 3rd dc of 5dc SHELL

Ch 50.
Row 1: Sc in 2nd ch from hook and in each ch across. (49 dc)

Row 2: HALF-SHELL, skip sc, sc in sc, skip sc, SHELL in sc, skip sc, sc in sc, skip sc, SHELL7 in sc, skip sc, sc in sc, skip sc, SHELL in sc, skip sc, sc in sc, skip sc, SHELL7 in sc, skip sc, sc in sc, skip sc, (SHELL in sc, skip sc, sc in sc, skip sc) 3 times, SHELL7 in sc, skip sc, sc in sc, skip sc, SHELL in sc, skip sc, sc in sc, skip sc, SHELL7 in sc, skip sc, sc in sc, skip sc, SHELL in sc, skip sc, sc in sc, skip sc, HALF-SHELL in last sc. (4 SHELL7s, 7 SHELLs, 2 HALF-SHELLs)

Place a marker in center of each of the 4 SHELL7s, and after each row of the Yoke, move the markers up to the same place in the new row.

Row 3 (INC ROW): Ch1, turn. Sc in 1st dc, work a SHELL in each sc, sc in each SHELL, INC-OVER-SHELL7 in each of the SHELL7s, ending row with sc in tch. (16 SHELLs)

Row 4: HALF-SHELL, (sc in SHELL, SHELL in sc) across row, sc in last SHELL, HALF-SHELL in last sc. (15 SHELLs, 2 HALF-SHELLs)

Row 5: Ch1, turn. Sc in 1st dc, work SHELL in each unmarked sc, sc in each SHELL, SHELL7 in each of the 4 marked sc, sc in tch. (4 SHELL7s, 12 SHELLs)

Row 6 (INC ROW): HALF-SHELL, work sc in each SHELL, SHELL in each sc, INC-OVER-SHELL for each of the 4 SHELL7s, HALF-SHELL in last sc. (19 SHELLs, 2 HALF-SHELLs)

Row 7: Ch1, turn. Sc in 1st dc, SHELL in each sc, sc in each SHELL across row, work sc in tch. (20 SHELLs)

Row 8: HALF-SHELL, sc in each SHELL, SHELL in each unmarked sc, SHELL7 in each of the 4 marked sc, HALF-SHELL in tch. (4 SHELL7s, 15 SHELLs, 2 HALF-SHELLs)

Row 9 (INC ROW): Repeat Row 3. (24 SHELLs)

Row 10: Repeat Row 4. (23 SHELLs, 2 HALF-SHELLs)

Remove markers. There are 23 Shells and 2 Half-Shells. Ignoring the Half-Shells at row ends, place markers at center of Shells 3, 9, 15, and 21.

Row 11 (DIVIDING ROW): Ch1, turn. Sc in 1st dc, (SHELL in sc, sc in SHELL) 3 times to work sc in center of 1st marked Shell, ch5, skip to 2nd marked Shell, sc in center of 2nd marked Shell, (SHELL in sc, sc in SHELL) across to work sc in center of 3rd marked Shell, ch5, skip to 4th marked Shell, sc in center of 4th marked Shell, SHELL in sc, (sc in SHELL, SHELL in sc) to last Half-Shell, sc in tch. (12 SHELLs)
Remove markers.

BODY
Row 12: HALF-Shell, (sc in SHELL, SHELL in sc) across to 1st ch5-sp, skip 2 ch, sc in next ch, skip 2 ch, SHELL in sc, (sc in SHELL, SHELL in sc) across to 2nd ch5-sp, skip 2 ch, sc in next ch, skip 2 ch, (SHELL in sc, sc in SHELL) across to last sc, HALF-SHELL in last sc. (13 SHELLs, 2 HALF-SHELLs)

Row 13: Ch1, turn. Sc in 1st dc, SHELL in each sc, sc in each SHELL across row, work sc in tch. (14 SHELLs)

Row 14: HALF-SHELL, (sc in SHELL, SHELL in sc) across row, sc in last SHELL, HALF-SHELL in last sc. (13 SHELLs, 2 HALF-SHELLs)

Rows 15-19: Repeat Rows 13-14 twice, then Row 13 once more.

EDGING

Ch1, pivot work to crochet up the front edge. Sc in sides of rows, working approx 32 sc up one side, work 3 sc in corner of neck, work sc across neckline, work 3 sc in other corner of neck, then sc down sides of rows for other front edge. Cut yarn.

SLEEVES

SRow 1: Attach yarn at center ch of underarm. Ch1, sc in ch, skip 2 ch, sc in center dc of armhole SHELL (where edge of ch5 connects), (SHELL in sc, sc in SHELL) around armhole, sl-st in starting sc of row. (6 SHELLs)

Note: there are now 3 sc at underarm, but in next row you will only work in the center of the 3, skipping the other 2.

SRow 2: Ch3, turn. Work 2 dc in sc, skip next sc, sc in SHELL, (SHELL in sc, sc in SHELL) around sleeve, work 2 dc in same place as starting HALF-SHELL was made, sl-st in starting ch3 to complete as a SHELL. (6 SHELLs)

SRow 3: Ch1, turn. Sc in tch of prior row, SHELL in sc, (sc in SHELL, SHELL in sc) around, sl-st in starting sc. (6 SHELLs)

SRow 4: Ch3, turn. Work 2 dc in same place as ch3, sc in SHELL, (SHELL in sc, sc in SHELL) around, work 2 dc in same place as starting ch3 to complete as a SHELL. (6 SHELLs)

SRow 5 (DEC): Ch1, turn. Sc in tch of prior row, skip next sc, (sc in SHELL, SHELL in sc) around, join with a sl-st to starting sc. (5 SHELLs)

Note: there are now 2 sc under the arm.
SRow 6: Ch3, turn. Work 2 dc in same sc as ch3, (sc in SHELL, SHELL in sc) around armhole, work 2 dc in extra sc under the arm, join with a sl-st to tch to complete the Shell. (5 SHELLs)

SRow 7-8: Repeat Rows 3-4. (5 SHELLs)

SRow 9 (DEC): Repeat Row 5. (4 SHELLs)

SRow 10: Repeat Row 6. (4 SHELLs)

SRow 11-12: Repeat Row 3-4. (4 SHELLs)
Cut yarn. Repeat Srows 1-12 for other sleeve.

FINISHING

Weave in ends. Sew button on neck corner and reinforce one of the holes in Shell pattern as a buttonhole. Roll up edge of sleeves as cuffs until baby gets older!